

Subject: Fwd: Re: HEAL Mission Watch-List Removal Offer
From: Angela Smith
<angela@churchofphilosophicalexploration.org>
Date: 1/12/2020, 6:02 PM
To: Angela Smith <angela@churchofphilosophicalexploration.org>

----- Forwarded Message -----

Subject:Re: HEAL Mission Watch-List Removal Offer
Date:Sun, 12 Jan 2020 17:58:13 -0800
From:Angela Smith
angela@churchofphilosophicalexploration.org
To:randy@innerpathworks.com

PS Since your clients pay you, shouldn't you be grateful? I mean, you don't even have mental health licensing. And, I seem to recall Colleen saying she did cognitive behavioral therapy which is a form of behavior modification or euphemism for that especially among the unqualified. So, I hope you appreciate feedback too and understand that the TRUTH, WHOLE TRUTH, and NOTHING BUT THE TRUTH, will set you free or release you from the watch-list and placed here: <http://www.churchofphilosophicalexploration.org/standards.htm>. And, this feedback is being placed and links to it will also be added to the program info pages referenced in last message.

On 1/12/2020 5:33 PM, Angela Smith wrote:

Dear Randy,

I've attached the offer for you again. I received an inquiry requesting we add Life Designs to our investigative watch-list in September, 2012. That message is in our archives. With Life Designs, I reviewed the application. So, I felt that was showing consideration in reviewing your materials at the time. That review is available at <http://www.heal-online.org/lifedesigns.htm>. With InnerPathWorks you were working with Greg Hitchcock who was with Abundant Life Academy and CEDU formerly and then lied to me directly and repeatedly while threatening a SLAPP suit. So, as much as your words sound like just the right thing to say to me to get off the watch-list in many ways, I'm reluctant still to take you at your word. In addition, for InnerPathWorks I checked to see if your staff were properly licensed in the state to provide any mental health services whatsoever and cited my sources at <http://www.heal-online.org/ipw.htm>. So, I did do my research and offered to consider additional information which you failed to provide. Now, you are accusing me of failing to consider information I asked for that you failed to provide as if that's my fault. I think you need to look at your own failures.

Before I ever agree to tour a facility or travel to an unfamiliar location that I honestly believe may be a cult of some sort by invitation or not, I like to see all the paperwork. And, I believe if and when you invited me to your location at Life Designs that I responded asking you first provide me with all of your program

materials including contracts, waivers, nondisclosure agreements, and client handbooks. You did not do that. As a result, I did not accept your offer. I like to review everything in writing first, prepare any questions I may have based on that, and then take a tour of any program on the watch-list or where another volunteer may go in my stead if closer in proximity to the location. Of course, I also like to know if I can record or bring a witness with me of my own choosing before accepting such invitations. And, I also understand that that may pose a risk of violating the privacy of your clients who may not wish for that. So, it makes sense to me why I didn't take you up on your invitation. I hope it makes sense to you now too.

Since you did not expressly state your e-mail below was not feedback, I'm assuming you sent it in as feedback and wish it to be posted at <http://www.churchofphilosophicalexploration.org/feedback.htm>. I'll hold off for a bit before posting or simply update it if there is more to add that is feedback.

The offer to post feedback and to remove you from the watch-list should the conditions of the attached offer be met will remain perpetual and you can accept or do either at any time.

Best Wishes,

Angela Smith
Minister Of COPE/HEAL Mission Co-Founder

On 1/12/2020 2:51 PM, randy@innerpathworks.com wrote:

Angela,

I don't believe that you ever understood what I provided or why I provided it. I have been on your watch-list for almost the whole time you have been running this. Quite honestly, I don't believe you received one complaint or request to research Life Designs when I had it the first 7 years or from InnerPathWorks (2005 to the present). It seems to me that you are the one who was looking for "bad programs" based off of who was in Woodbury Reports list at the very beginning. You looked up my website and made several judgements based on that. We communicated a couple of times and I invited you to visit Life Designs and interview all the students and see the training for yourself. You declined, stating that I wouldn't let you talk to everyone. Realize I only had less than a dozen students and was open to your personal inspection.

Life Designs and InnerPathWorks were not therapeutic programs while I ran them. (I was a recreation therapist at Blount Memorial Hospital mental health unit in the early 90's and a licensed high school teacher and guidance instructor prior to that). Both of my programs would qualify for Gap Year Programs, which InnerPathWorks is registered as. Both programs served adult college students who had chosen to use the trainings to do self-discovery to help find a life path and prepare for the future. Life Designs was a 5 month game to be ready for independence, with a strong work ethic, financial intelligence component, team-building/leadership and strategies for collegiate success. It was kind of like a five month game of Monopoly or The Game of Life done experientially; students earned actual cash for their efforts and worked up to being the ranch manager, including food purchasing for the program. The majority of young adults I served there had never learned practical life skills that they needed to be successful as adults. I had run a young adult transition program prior where students were savvy at getting employment in town but would get fired because they had no work training. Who, now days, teaches young people how to work?

I have been around both wilderness and residential programs where

your participation was against your will. There were programs that felt they needed to break you down so they could rebuild you. THIS IS INSANE! You don't need anyone taking your power or freedom away. This, many times, wounds the person and makes success even more difficult. I was known as a "kid whisperer", someone with the patience and creativity to awaken someone's gifts and help them believe in themselves. I will not work with someone who is not willingly interacting with me and does not want to be there. If they discovered that the training was not for them, I not only helped them find a different approach, but refunded their tuition.

InnerPathWorks is a Gap Year mentoring training with students ranging from ages 18 to 64, thus far. Since I tailor the experience to the participants, the curriculum is designed as we train based on need and interest of the participant. Average stay is between 4 and 6 months, however, students can leave when they feel they got what they needed. The shortest stay has been four days (I just got a wonderful thank you letter from him; he became a teacher at Stoneman Douglas High School in Parkland, Florida and experienced the shooting).

InnerPathWorks is not residential, participants live in their own choice of apartments in the community and work with me five days a week. They have their own transportation and life outside of the training.

Some do internships or apprenticeships in the area once we have found a passion they wish to pursue. This is a self-discovery exploration using neuro-science, organic psychology, deep nature connection and anything else that is tailored to that individual. I work with two to four students at a time. There are no other staff than me.

The reason individuals choose InnerPathWorks with me is their desire to find a life style and life work that matches their unique design. This is not a practical life skill training like Life Designs was. I am an expert at helping them ask the right questions, learn to listen to their own inner guidance and find the courage and resources to pursue the path that they designed which inspires them. This is not a coaching program, not a behavioral modification program. (Teachers put things

in, mentors draw things out of you through questions and experiences of discovery). When you leave InnerPathWorks, the things that come from me are a daily gratitude ceremony and a belief that you were naturally born an asset to the culture and planet; when you discover and use your organic nature to live.

The majority of my graduates are living inspiring productive lives that they designed. I have two famous musicians, one with a couple of Grammys, a project director at NASA, teachers, lawyers, designers, chefs, fire chiefs, artists, and etc. But also, I have graduates who are parents that know how to positively listen to and mentor their children. Plus, the parents of my college aged students now know how to mentor, consult (rather than manage) and celebrate their children into empowered adulthood and how to move into wise elderhood because of this training.

So Angela, I don't know what you will do with this information. So far communicating with you has resulted in very little change on your part. I have no idea how many families or students you have soured towards me. The reputation of my character is very important to me and your assertions make me sad; which includes your lack of research, which I asked you to do early on. What I do comes from my childhood training by my incredible parents and the elders they put me with, my spiritual vision quest and my spiritual mission to God and this planet. I turn 70 years old this year. I feel good about the legacy that I was privileged to leave. My students from the past 45 + years still connect with me and share updates about their lives.

I believe that you started this work so that no one would have to go through what you experienced and I respect that. I used a different way of seeking to change the programs I saw as questionable. I sought to effect change by what I shared at conferences (IECA, NATSAP, Wilderness Therapy Symposium and GAP YEAR) and my personal connection with leadership in the industry. The results have been visible in a positive change in attitudes and practices, even though it

can take a couple of years to take root.

By the way, I did not see an attached form that I could respond to. The one I opened had nothing. So, I stated what I wanted to say to you personally and do not need to pursue this any further. I wish you had understood what I do and who I am, partially because I think you would have wholeheartedly supported it. I agree with no one is perfect but God.

Soulfully,

Randy Russell, M.S.



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-----Original Message-----

From: Angela Smith <angela@churchofphilosophicalexploration.org>

Sent: Friday, January 10, 2020 9:59 PM

To: info@innerpathworks.com

Subject: HEAL Mission Watch-List Removal Offer

Dear Inner Pathworks Representative,

As a result of complaints and/or requests to investigate your program submitted to our ministry and mission regarding alleged abuses at your location, your program is on our watch-list of suspected and/or confirmed fraud and abuse.

And, HEAL is our mission to expose false prophets (regardless of storefront or cultural influence) in the segregated congregational care, academic, and healthcare fields. Your program is on our watch-list at <http://www.heal-online.org/thelist.htm>. And, attached are two and 1/2 offers you can accept at any time to be removed from our watch-list or provide feedback. Please see attachment for details. The suggested complaint board should be read as a feedback board for both complimentary and critical feedback where all is allowed without censorship and complaint resolutions are shared by your program.

If you choose to provide feedback and forego the first offer (with option), please understand we will reply to your feedback and any and all dialogue will be posted to our Feedback page at <http://www.churchofphilosophicalexploration.org/feedback.htm>. If you do not wish for our dialogue to be posted to the Feedback page do not identify it as Feedback and expressly state it is not Feedback. In such a case, we may not read it and the purpose is to highlight and show our humility and willingness to admit imperfection because only God is perfect. If you choose not to participate or feel it would be hypocritical to do so after reading and declining the attached offer, I understand.

This offer is being made because others in your industry asked, requested, and/or demanded we create a "white list" for programs that meet our standards. Our minimum standard is honesty in marketing to avoid violating the Nuremberg Code regarding informed consent.

I look forward to hearing from you and hope you have a meaningful 2020. You may also be interested in reading <http://www.churchofphilosophicalexploration.org/refuse.pdf> before making your final decision. And, for more information about me, see <http://www.churchofphilosophicalexploration.org/goodshepherd.htm>.

Sincerely,

Angela Smith
Minister of COPE