

## TOP THREE SIGNS YOU ARE IN A CULT

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This deprogramming guide is intended to assist with critical thinking, questioning more, and protecting yourself and loved ones from fraud and abuse. The three signs you are in a cult are also ways to identify whether you are being unduly influenced or oppressed by a narcissist of the Cain/Lucifer variety regardless of storefront or cultural influences. It's up to you to stand your ground to avoid being exploited or enslaved by vicious narcissists whether officially running a cult or not. And, even where running a cult, they don't identify themselves as such and may identify as something completely different. Deception is a big part of their game.

### THE SIGNS

1. Ideas, Philosophies, or Lifestyles are imposed dogmatically rather than shared humbly with a willingness to respond to questions or discuss with mutual respect for all. (At a church, school, or even government legislative body, you should be, and when they are not cults are in fact, welcome to ask questions, disagree, and seek redress of grievances. At the Church Of Philosophical Exploration you are encouraged to question, disagree, and even participate in amending our HEAL Mission policies in regards to how we provide service. In a cult, you are in a one-sided adhesion social contract with a narcissistic sociopath who has disclaimed any responsibility to you while demanding you've assumed the risk by trusting the deceptive narcissistic sociopath and they impose their false authority through deception where only the Truth can set you free.)
2. The purpose of their actions is conversion rather than persuasion. (Using emotional or behavioral manipulation, often of the Machiavellian variety, cults keep recruits in an emotional mindset and expressly discourage honest reason and critical thinking while controlling access to and/or consideration of "outside" information. They fear the known rather than the unknown, that's how narcissistic cult leaders operate. Basically, reasonably reliable facts that do not suit their narrative are dismissed or banned from consideration or discussion and so they are scared of the Whole Truth and while they boldly reject it that reveals their fear and therefore faithlessness. Isaiah 41:10 KJV "Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness." So, it would seem those who are afraid of the Truth, fear God and prove their faithlessness negating any claims of moral superiority or leadership qualities in the process. But, they do wish to convert enough people to be their slaves (uncompensated and coerced/intimidated recruits/volunteers) and see themselves as monarchs over their followers though the vast majority see them for what they are and wish the followers would wake the fuck up.)
3. Cults exclude everyone and everything that doesn't support their authority which is derived from often fear-based emotional/behavioral Machiavellian manipulation rather than honest reason. (If you disagree with their dogma and claims of authority, they exclude you and cut you off which is fine unless you have a loved one still being unduly influenced, coerced, or intimidated and want to help liberate them but find they have the right to be a slave if that is their choice as a matter of law even though you know if they were in their right mind they'd choose differently and while understanding if you get them labeled as mentally

ill that it will hurt any chances for them to seek justice or return to reason on their own once they can't take the bullshit anymore and all the points you made before being cutoff actually help at that point. And, where you love someone whose chosen that, the best thing to do to show it is to remain accessible and welcoming to the loved one while perhaps letting them know the cult is welcome too, but, that you will question them and openly disagree so if that would make the cult uncomfortable, the cult can choose not to visit when your loved one does.)

To the extent you refuse to listen, read, and/or genuinely try to understand others, expect the same in response and if you expect more you are in the very least a hypocrite and very possibly a narcissist who lacks a sense of humor so doesn't understand the art of my church. But, that's okay because I understand narcissists are really just scared babies who throw tantrums and emotionally manipulate rather than mature adults who can handle reasonably discussing matters of controversy for the sake of the Truth, Peace, Love, and Understanding. But, don't visit your fear on me because when fear doesn't recognize itself, it gets really freaked out. For example, have you ever had a giant spider in your house that you didn't invite in to it? There was a huge (Tarantula-sized) spider in my bathroom and I'm sure from the spider's perspective the spider might have thought "Oh shit, it's one of the giant primate things. I hope they don't notice me. I'm being super still and not even moving. I'm not a threat. Please. They always freak out. Please. I'm not a threat. I'm just still on the wall. Good she's walked away. Now she's back with an empty paper towel tube and receptacle. What is she doing? She's singing a stupid song from the film "The Sweetest Thing" about size. Why? What is happening? She's going to do something. She's going to hit me with that paper towel thing. What kind of sick person does this? I was just minding my own business. I've been knocked off my perch on the wall and am now in some plastic hellish receptacle and she's put a lid on it. Why? I swear I am finding it difficult to breathe. This is total bullshit. I wasn't being threatening at all and just still on the wall. Now, I'm being transported. We've gone outside and she's taken the lid off. She is standing over the veranda and tapping the container to make me fall what for me is like at least 50 stories, that's nice." And, I don't know what happened after that but hope the spider considered it an adventure and didn't hold a grudge. See, Gypsy may have stomped or nose-bopped the spider to death or played with it by throwing it around near me had I not done that. Gypsy's my German Shepherd. I think what I did was nicer, but, also understand the spider had his/her own perspective and might be reasonably disturbed by how I chose to remove the spider from my home.

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<https://www.cope.church> &

<http://www.heal-online.org>